

Three Day Survival Pack

Be Prepared in Case of Emergency!

Prepare, in advance, a 33 gal. trash barrel to be stored in case of earthquake emergency.

Top of the Barrel

- **Flashlight**
- **Radio**
- **First Aid Kit**

A complete family size first aid kit including a First Aid Handbook should be suitable

• **Drugs/Medication**

Antibiotic Ointment, Aspirin Tablets (5 grain), Kaopectate, Medication recommended by your doctor (prescriptions)

• **Dressings/Misc.**

Scissors, Tweezers, Thermometer, Petroleum Jelly, Rubbing alcohol, Tissues, Pocketknife, First Aid handbook

Middle of the Barrel

• **Food**

Three day supply of food requiring no refrigeration. Date all food items. Write out a menu for each day.

Water (1 gal./person) per day, store separately.



Bottom of the Barrel

• **Bedding**

Sleeping bag/blankets
Plastic sheets/tarp

• **Clothing**

One Change/person

• **Personal Supplies**

Toiletries, Towel, Good book,
Paper/Pencil

• **Fuel & Light**

Matches, Candle, Signal Flare,
Sterno Canned Heat

• **Equipment**

Can opener, Dish pan, Dishes
(disposable), Utensils
(disposable), Ax, Shovel, Bucket
(plastic bag liners)

• **Infant Needs**

If Applicable

• **Money**

• **Other**

Water Purification tablets
Liquid chlorine/bleach, Eye
dropper